

DOG TRAINING TERMS & TECHNIQUES



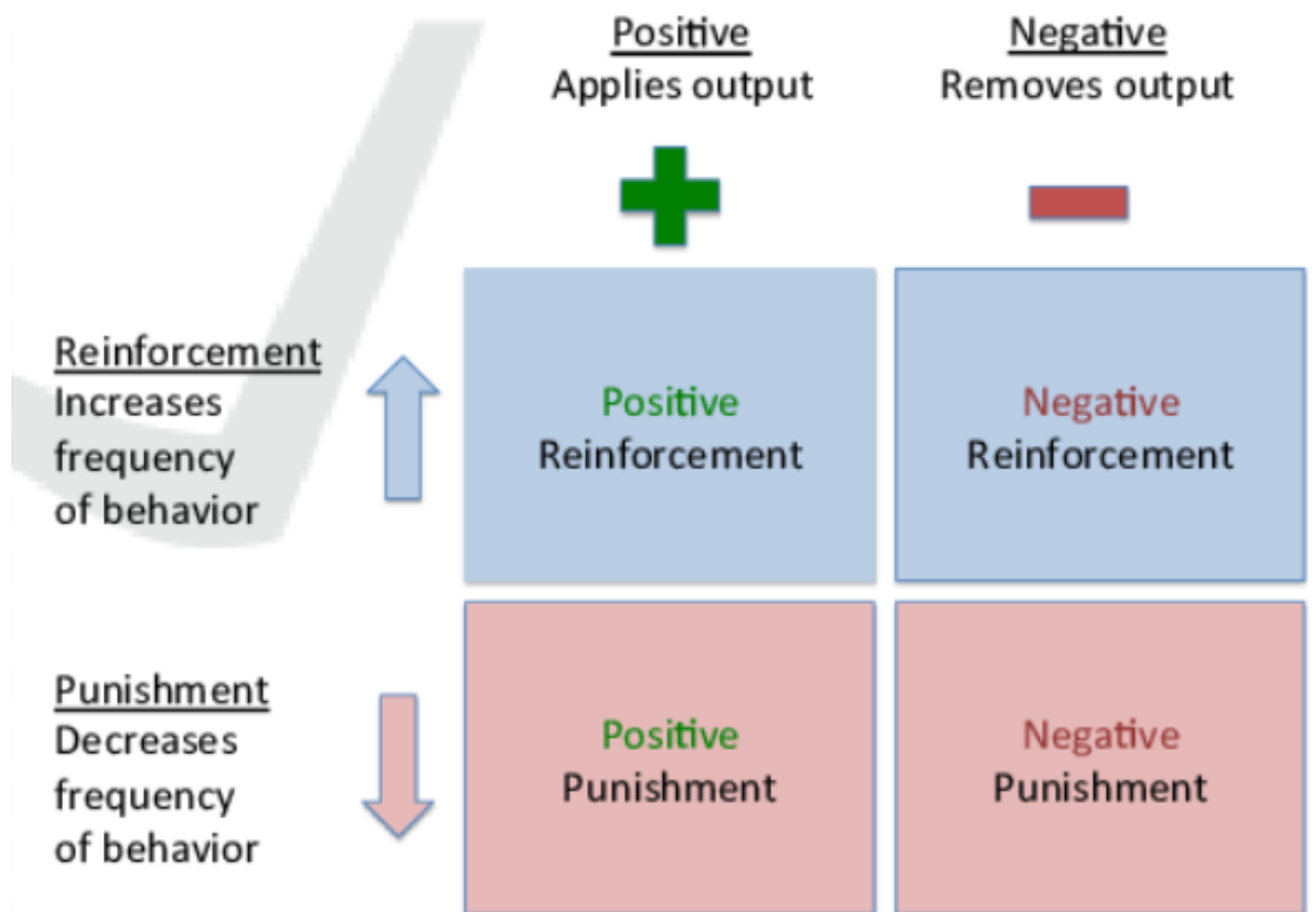
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Operant Conditioning

**Antecedent, Behavior, Consequences
(Cognitive Choices & Their Results)**

The Four Quadrants of Operant Conditioning



Compatible Force-Free Quadrants

Positive Reinforcement

- Adding something (treat, toy, praise) to strengthen a behavior
- Dog sits instead of jumping up and gets a treat

Negative Punishment

- Taking away something (like attention) to stop a behavior
- Dog jumps up, person turns away and stops petting dog

Reinforcers

Primary

- Food
- Play
- Exercise
- Petting

Conditioned / Secondary

- Clicker
- Ball
- Leash
- Food Dish



Lure / Reward Training
<https://youtu.be/QjBlxszlogc>



Shaping & Successive Approximation

<https://youtu.be/LCqm2kkzJn4>



Targeting

Teaching the dog to paw touch or nose touch an object

https://youtu.be/kJ_H-_5WL-0



Classical Conditioning

Emotion and Physiology

How a secondary reinforcer is “charged up”



**Conditioned Emotional Response
(Calm versus Wiggly)**
<https://youtu.be/b0wiypeNHs0>



Counter-Conditioning / Desensitization

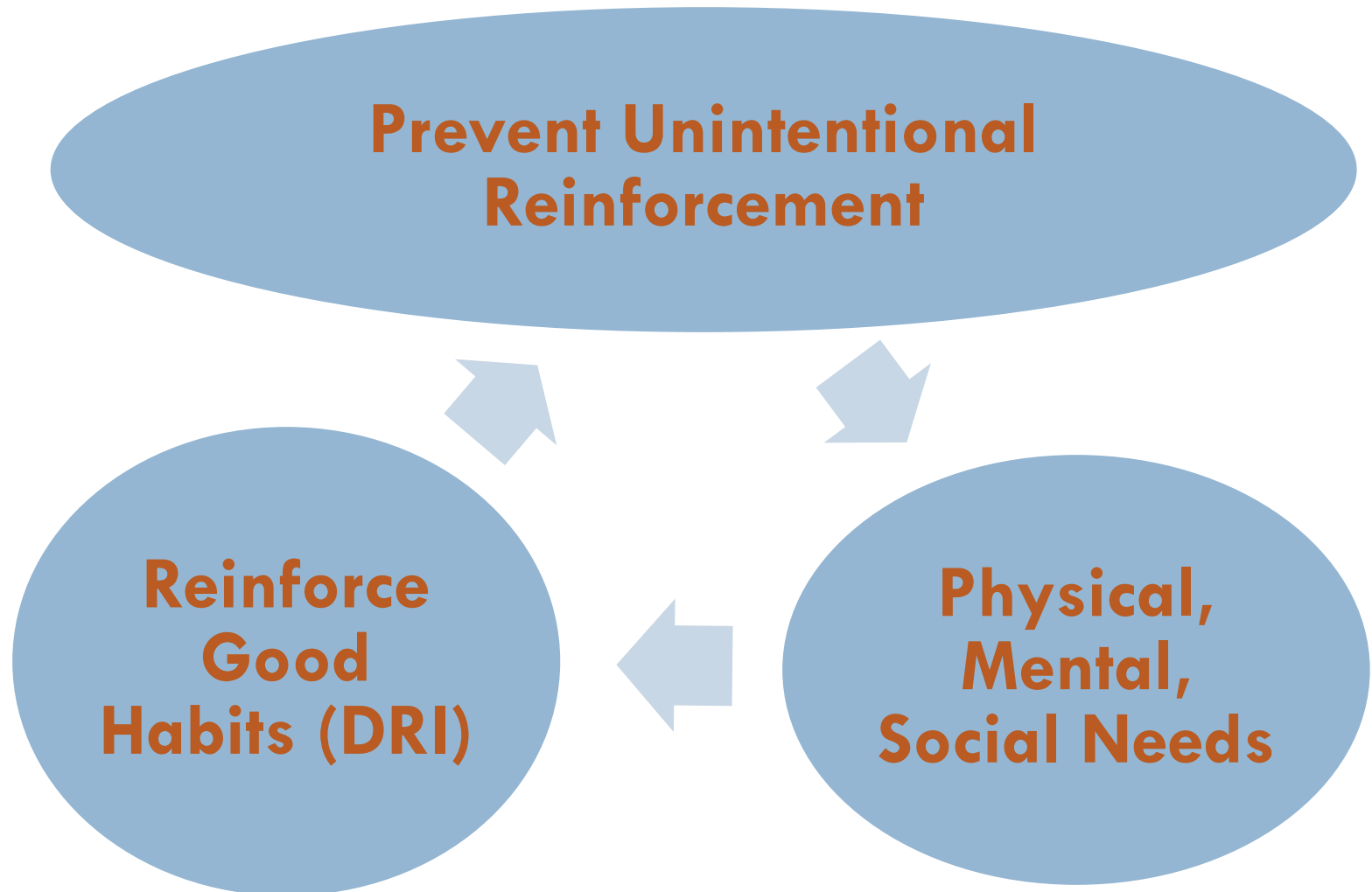
**Something scary paired with something pleasant
Trigger reduced to a less scary level**

<https://youtu.be/Z4xlljMA8yE>

Antecedent Arrangement

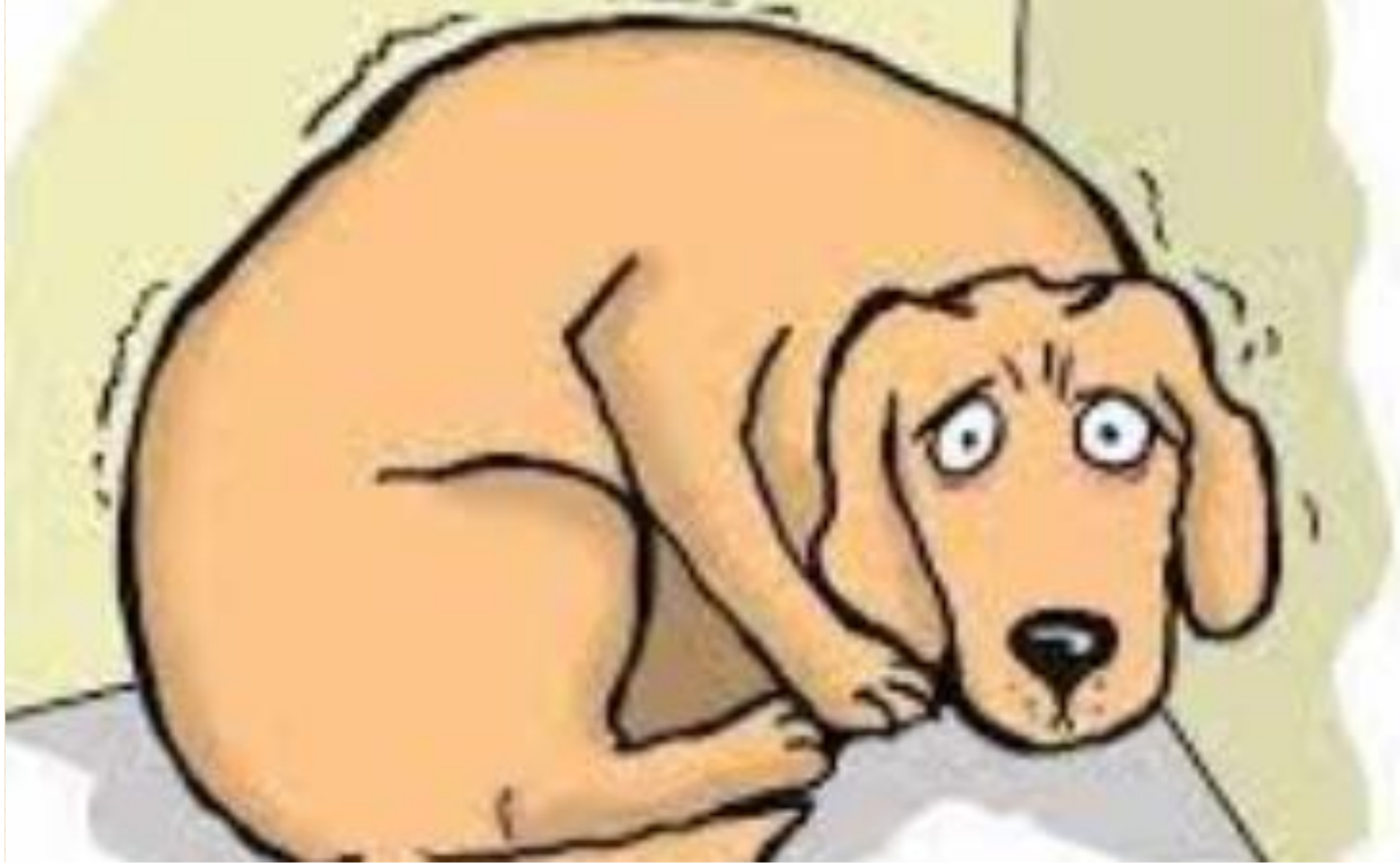


Antecedent Arrangement



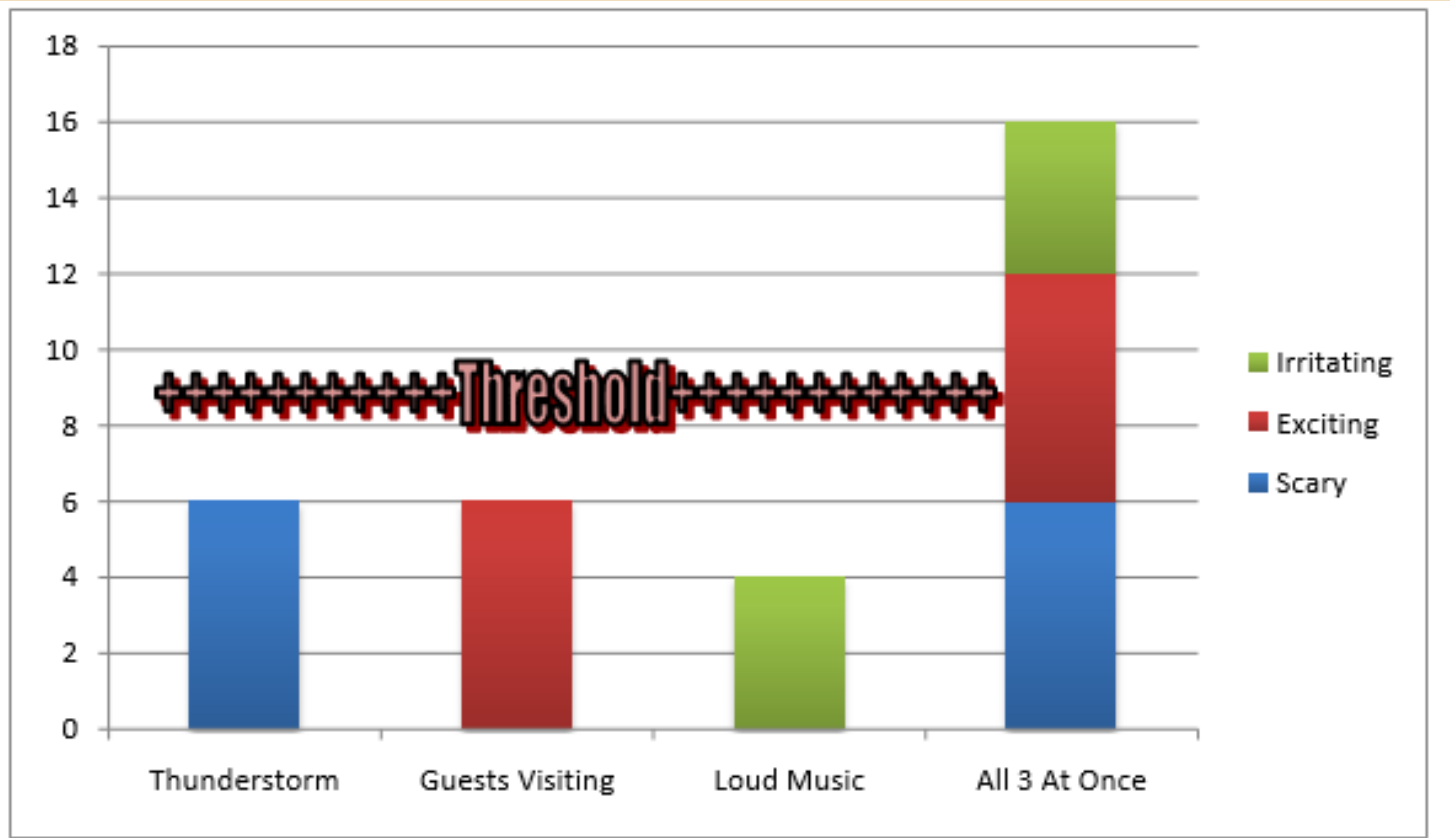


Differential Reinforcement of An Incompatible Behavior & Antecedent Arrangement



Other Factors to Consider When Training

**Emotions over-rule logical thought / desire to learn
Amygdala actually “shuts off” the cognitive part of the
brain when dog is in “flight or flight”**

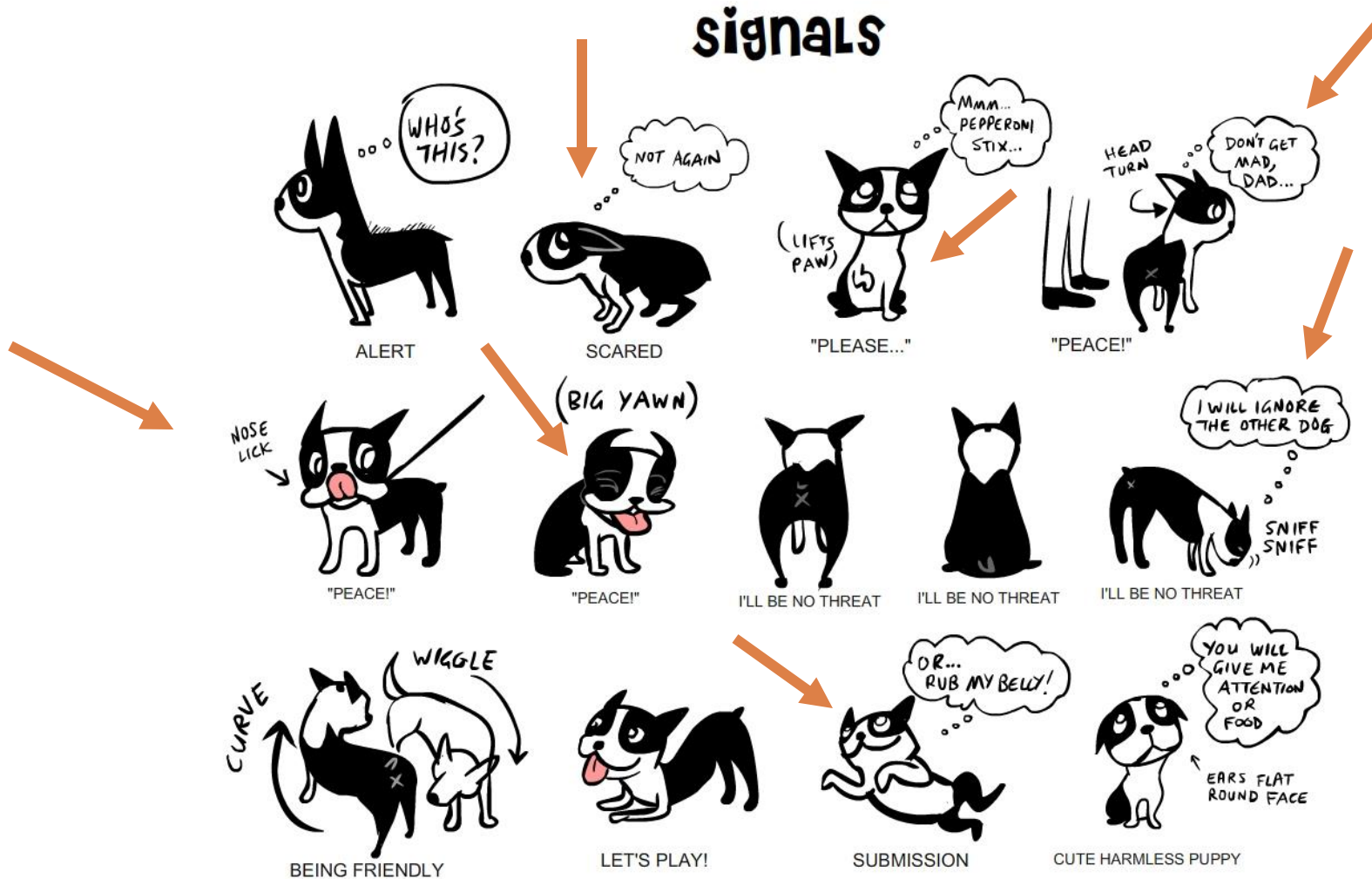


Trigger Stacking

As Cortisol Levels Rise, Cognitive Ability Decreases

Displacement Behaviors / Calming Signals

signals





Sometimes play before training is best

Exercise increases endorphins, which relieve stress

How to Incorporate Play Into Training



Drop-It & the 2-Ball Retrieve



<https://youtu.be/YisV3EUrFbc>

The Rules of Tug



<https://www.youtube.com/watch?v=AIFC7UyE12o>



Impulse Control Exercises

Attention (“Look”) Before Release



<https://youtu.be/cmu093rVpqq>

The Premack Principle



<https://youtu.be/QolbG2awpqq>

Choose to Heel & Puppy Agility



<https://www.youtube.com/watch?v=n-8CROuXlk4&list=PLDA34F58E8677F636&index=12>

Questions?

