# PLAY THERAPY FOR FEARFUL & REACTIVE DOGS

Michele Godlevski, ACDBC, CCBC, CPDT-KA

### PLAY THERAPY

#### KIDS

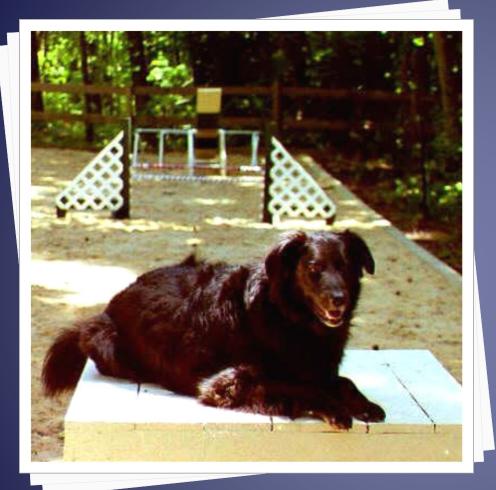
- Sports
- Music
- Art



#### • DOGS

- Agility
- Tracking
- Nosework
- Barn Hunt
- Dock Diving





THESE ACTIVITIES CAN CERTAINLY BE DONE AT HOME

- Picnic tables
- PVC & milk crate jumps
- Board up on cinder blocks
- Drainage tubing made into a tire
- \*Be sure they are nonskid/ safe!
- "AffordableAgility.com"



## A CLASS ENVIRONMENT MUST BE SET UP FOR SUCCESS!

#### Typical agility class:

- More than one dog off leash at a time
- Instructor restrains dog
- Dogs barking and tugging near the edge of the ring
  Dogs off leash outside the ring

## THERAPEUTIC AGILITY CLASS PRE-REQUISITES

#### • Fearful Fidos or Reactive Dogs Class

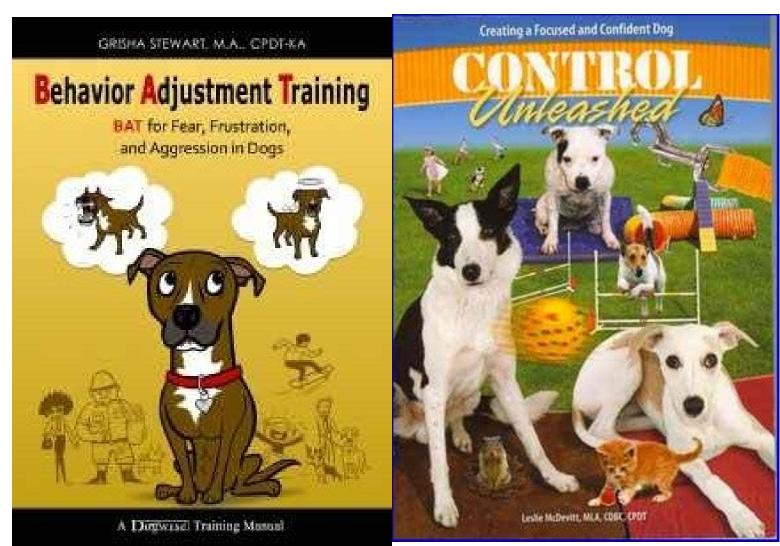
-or-

#### • Leash Manners & Polite Greetings Class

#### -or-

In-Home Behavior Consultation

# **HIGHLY RECOMMENDED**



# **FOUNDATION TRAINING**



- Attention command
- Mat training
- "Say Hi" & "Leave-it"
- Basic obedience: sit, down, stay, recall

# SUCCESSFUL CLASS SET-UP

#### One dog at a time, in the fully fenced, secure ring

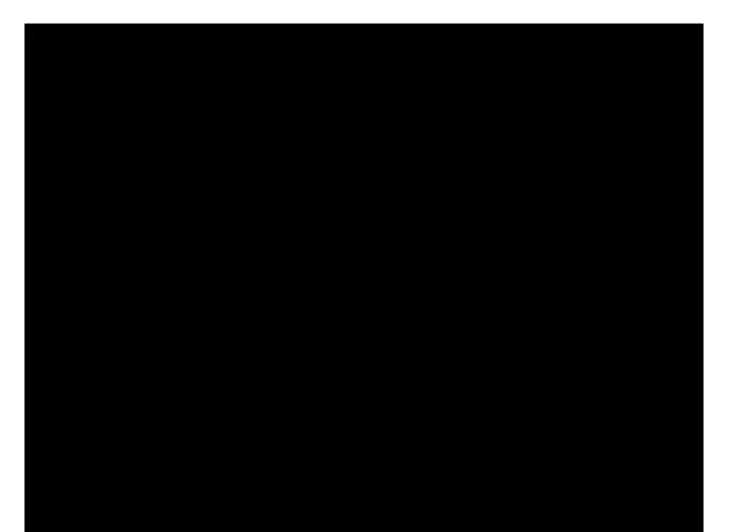


# SUCCESSFUL CLASS SET-UP

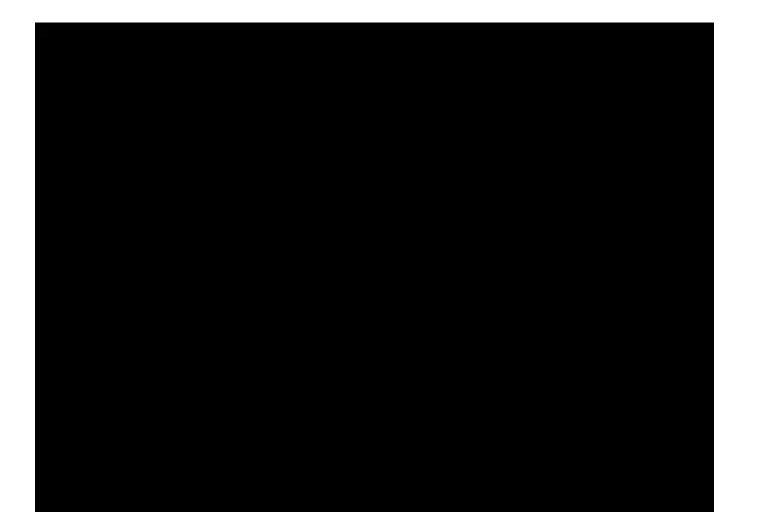
#### Introductory-height obstacles for beginners



## CASE STUDY: "SENECA"



# CASE STUDY: "BANDIT"



# CASE STUDY: "STANLEY"



## CASE STUDY: "OLLIE"

## CASE STUDY: "KODA"

# CASE STUDY: "NAVAJO"

## CASE STUDY: "MICMAC"

## VIRTUAL AGILITY LEAGUE

# VIRTUAL AGILITY LEAGUE TM THE VALOR PROJECT



An Agility Skills Recognition Program, Rising Above & Beyond the Limitations of Traditional Agility



### THERAPEUTIC AGILITY BOOK

#### Therapeutic Agility

Specialized Agility Instruction for Fearful, Reactive or Distracted Dogs



Michele Godlevski (CBCC-KA, CPDT-KA, CC, BS) Mike Wallace (M.Ed., CC), Mandy Baker (CPDT-KA, CBATI), Jackie Wright-Minogue (MS), Melissa Ellis (CPDT-KA), and Lauren Fox (CPDT-KA, BA)

# ANY QUESTIONS?

