



Behavior Adjustment Training

**What is
Behavior Adjustment Training
BAT**

- BAT is a naturalistic method for rehabilitating and preventing reactivity in dogs.
- Reactivity is due to fear, frustration or aggression.



GLOSSARY

- REACTIVITY – Fear, Frustration or Aggression responses: barking, lunging, growling, avoidance, trembling
- TRIGGER - Person, dog, object or environment that causes the dog concern.
- THRESHOLD – The line between levels of stimulation. Below threshold the dog is able to cope and self soothe. Above threshold the dog is not coping and is showing reactive responses.
- SET-UP - Training session in which you can control the dog's exposure to the trigger.

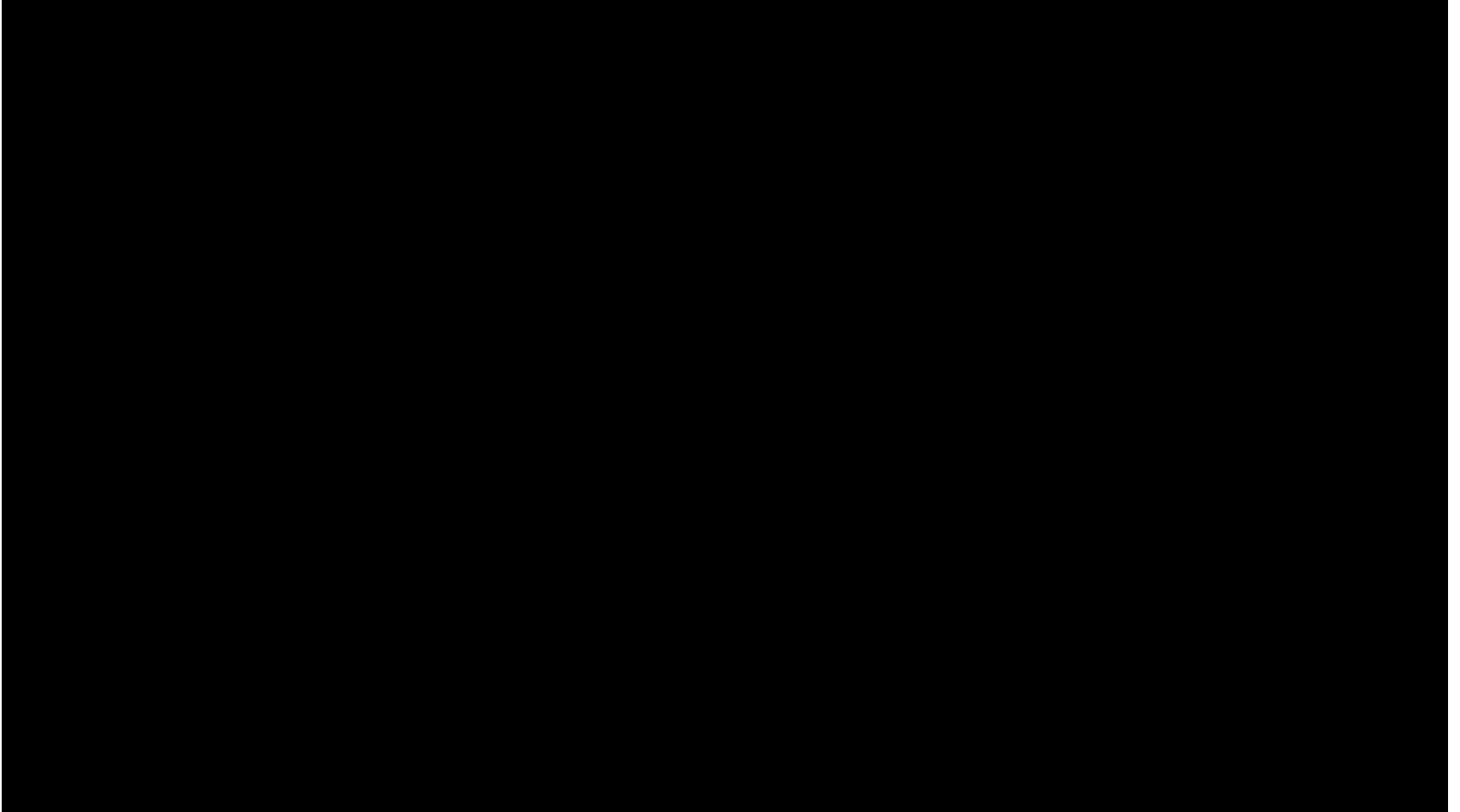
Kitten Encountering a Trigger

- [Kitten Encountering Something Scary](#)

BAT gives the dog maximum control of their experience within a safe framework and with minimal intrusion from the handler.

- Control is a primary reinforcer, the BAT method helps animals to feel empowered to use their behavior to control significant events in their lives.
- Set-ups
- BAT uses the environment to naturally desensitize the dog to the trigger.

Leash Skills



BAT Set-Up

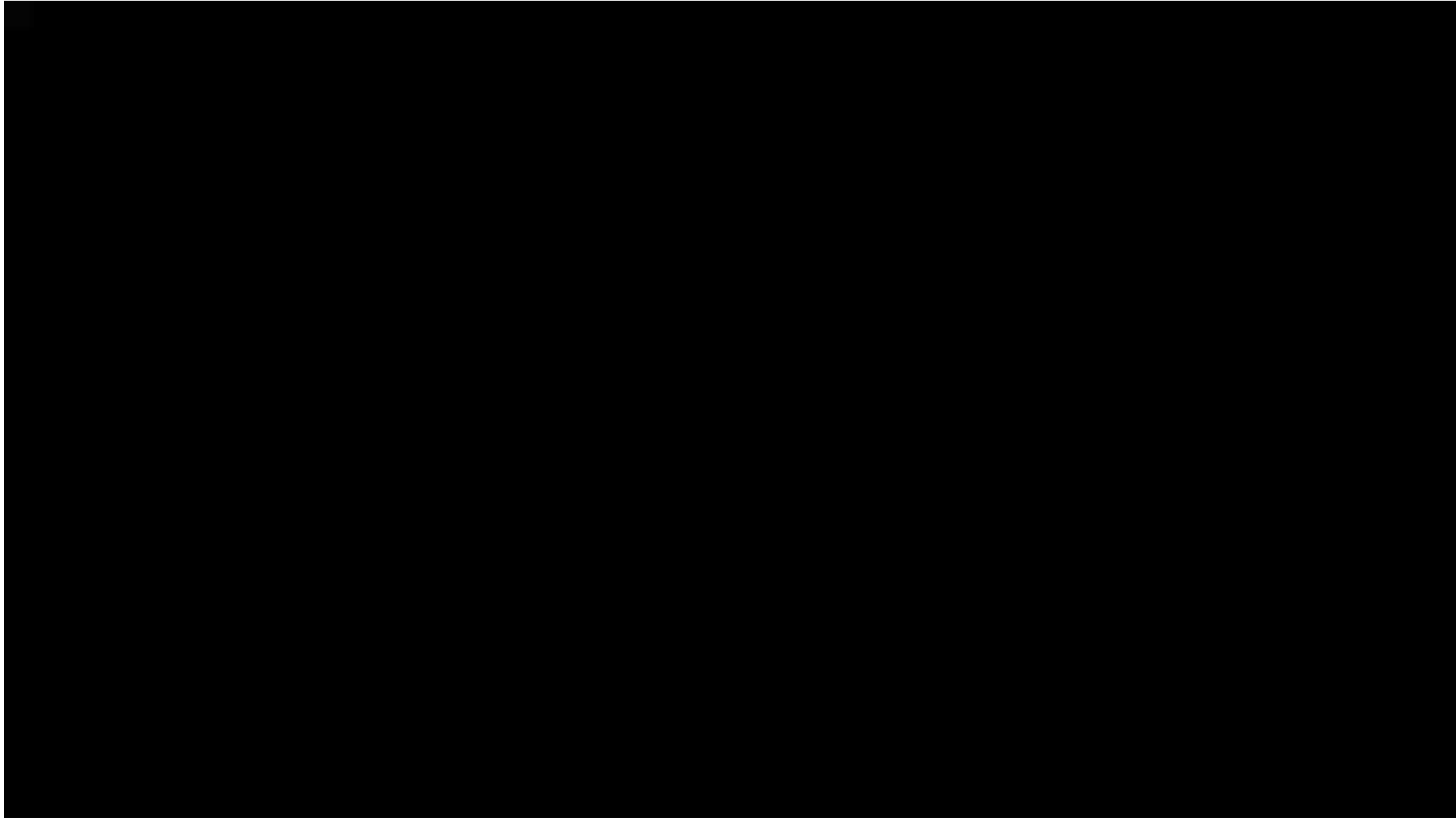


Rachel and Ajax

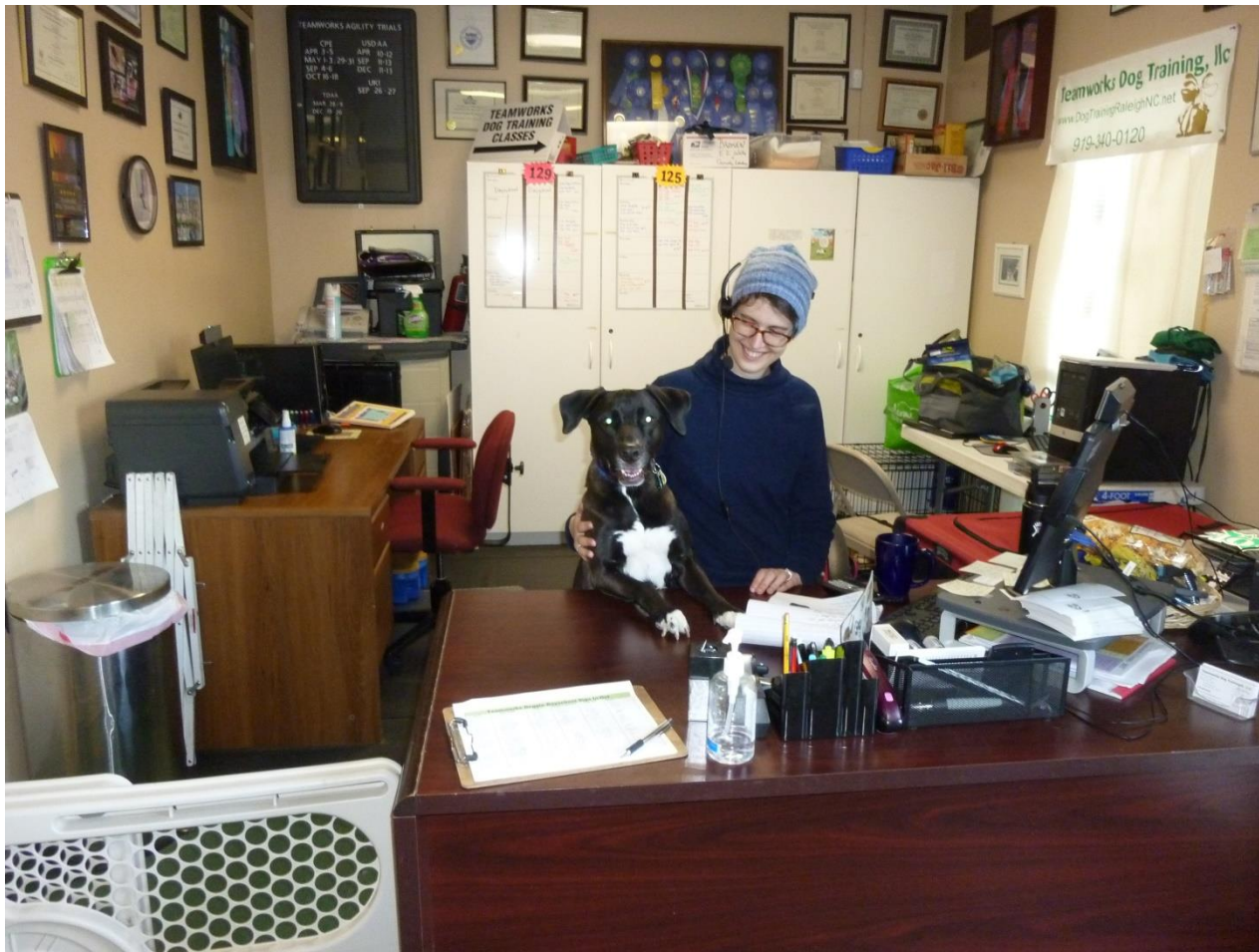
- To help a dog feel in **control** of his situation means he will feel **safer** around the **trigger** and therefore have less need to be **reactive**.



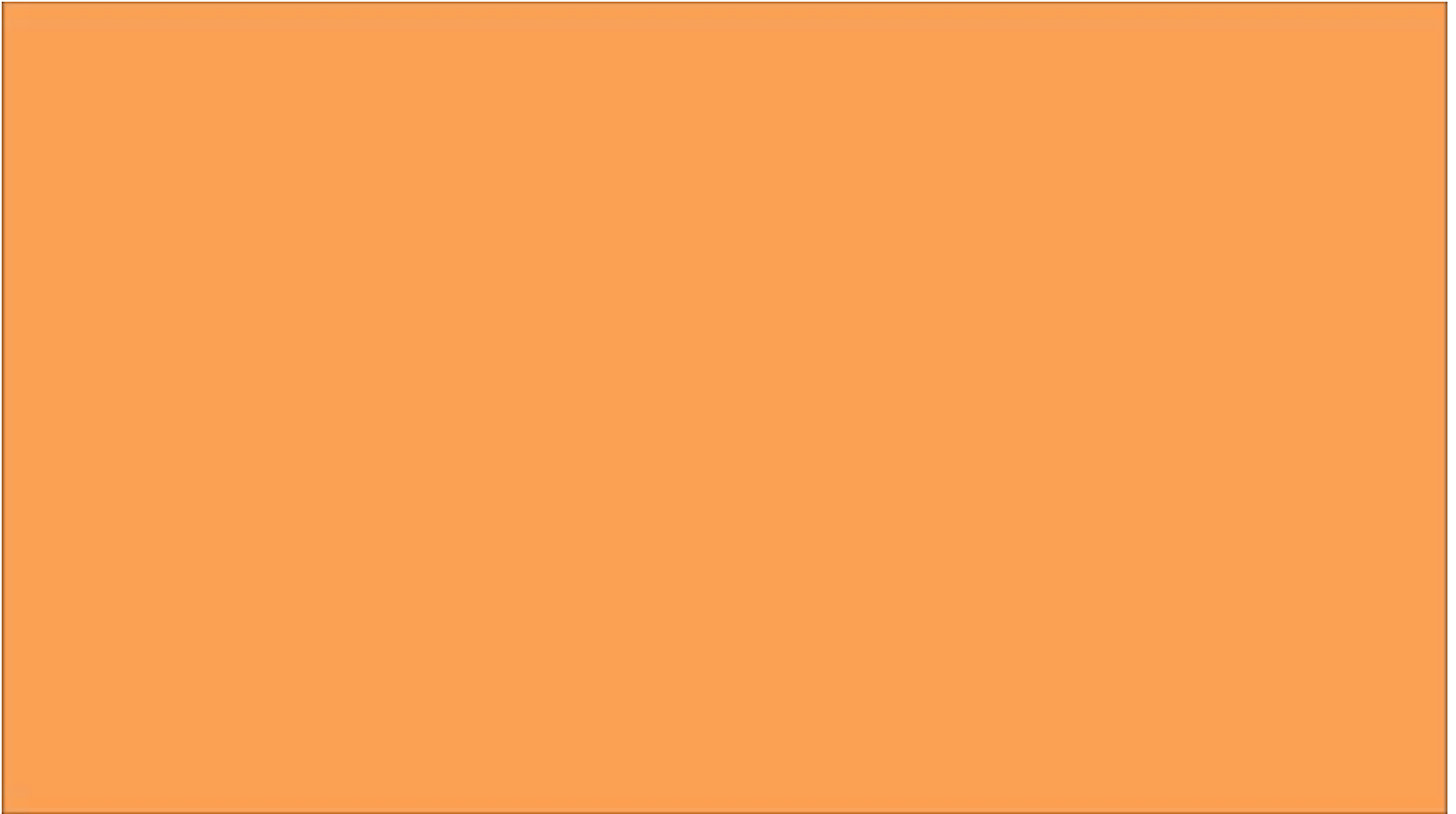
Rachel and Ajax



“Ajax” Teamwork’s Greeter

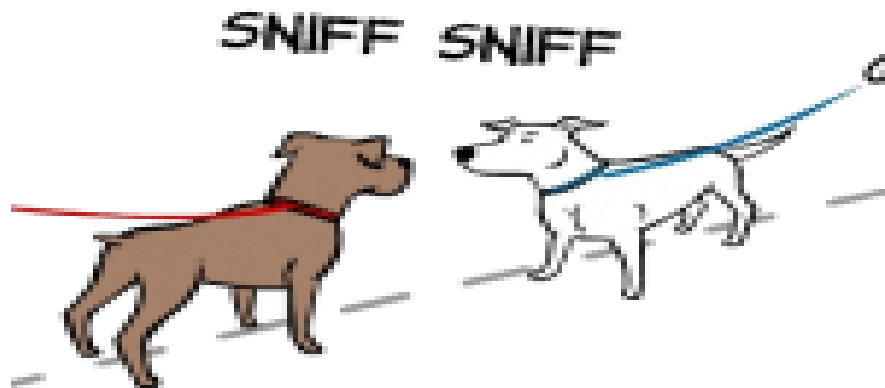


Parallel Walking



Mark & Move

Survival Techniques when encountering a trigger and you do not have the access to a large amount of distance.



Mark & Move



BAT Group Walk



BAT together with the other techniques you here from today's presenters all compliment each other in helping change a dog's feelings in a humane way.



Many Thanks to:

- Karen, Daisy & Buck
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- Rachel & Ajax
- Kelly & Jordy
- Sydney & Benko
- Jessica & Banks
- Elizabeth & Gunnar

Credits

- Behavior Adjustment Training,
BAT for Fear, Frustration & Aggression
BAT 2.0
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