

Evaluating your dog's weight



chart and
information
courtesy of Ralston
Purina

How skinny is "pretty skinny"? How heavy is "not as thin as he should be"? The Purina body condition system provides a uniform way to describe a pet's weight, from "emaciated" to "grossly obese"

1. **EMACIATED**
Ribs, lumbar vertebrae, pelvic bones and all bony prominences evident from a distance. No discernable body fat. Obvious loss of muscle mass.
2. **VERY THIN**
Ribs, lumbar vertebrae and pelvic bones easily visible. No palpable fat. Some evidence of other bony prominence. Minimal loss of muscle mass
3. **THIN**
Ribs easily palpated and may be visible with no palpable fat. Tops of lumbar vertebrae visible. Pelvic bones becoming prominent. Obvious waist and abdominal tuck
4. **UNDERWEIGHT**
Ribs easily palpable, with minimal fat covering. Waist easily noted, viewed from above. Abdominal tuck evident.
5. **IDEAL**
Ribs palpable without excess fat covering. Waist observed behind ribs when viewed from above. Abdomen tucked when viewed from the side.
6. **OVERWEIGHT**
Ribs palpable with slight excess fat covering. Waist is discernable viewed from above but is not prominent. Abdominal tuck apparent.
7. **HEAVY**
Ribs palpable with difficulty, heavy fat cover. Noticeable fat deposits over lumbar area and base of tail. Waist absent or barely visible. Abdominal tuck may be absent.
8. **OBESE**
Ribs not palpable under heavy fat cover, or palpable only with significant pressure. Heavy fat deposits over lumbar area and base of tail. Waist absent. No abdominal tuck. Obvious abdominal distension may be present.
9. **GROSSLY OBESE**